

# January 2025

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

SUNDAY

Hairdresser Back – Tuesday 7<sup>th</sup> January - 9am.  
Appointments Only



It's 2025  
Happy New Year

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
		1	VW/DW 2 830am to 930am Early Bird Walk Group VW 9am to 930am Physio Gentle Exercises Rec Rm Xmas Decorations Coming Down Today 130pm Music/Singalong Rec Rm	VW/DW 3 9am to 930am Physio Gentle Exercises Rec Rm 1030am to 1130am Bingo – Vol - Barb G Rec Rm 130pm to 230pm Quiz Rec Rm	DW 4 10am -1200 Activities in Rec Rm 130pm Movie Rec Rm 130pm Residents Walks & 1:1	5 Residents Self-Directed Activities Movies/magazines/word games Available in Rec Room
VW/MM 6 830am to 1030am Early Bird Walk Group & M/Tea - MM 9am to 930am Physio Gentle Exercises Rec Rm 11am to 1130am Catholic Church Service 130pm to 3pm Shopping Bus - MM/VW	VW/MM 7 BUS NOT AVAILABLE TODAY 9am to 930am Physio Gentle Exercises Rec Rm 1030am to 1130am Bingo - MM Rec Rm 130pm to 230pm Discussion Group Vol – Barb G	VW/MM 8 830am to 930am Early Bird Walk Group TBC 9am to 930am Physio Gentle Exercises Rec Rm 1030am Word Games – MM Rec Rm 130pm to 230pm Granny Squares Craft Group - VW Rec Rm	VW/MM/DW 9 BUS NOT AVAILABLE TODAY 9am to 930am Physio Gentle Exercises Rec Rm 1030am Activities – MM Rec Rm 130pm to 230pm Singalong – DW/MM Rec Rm	VW/DW 10 Keira Wing Outing Today DW 9am to 930am Physio Gentle Exercises Rec Rm 1030am to 1130am Bingo – Vol – Barb G Rec Rm VW 1pm to 3pm Scenic Drive - DW	DW 11 10am -1200 Activities in Rec Rm 130pm Movie Rec Rm 130pm Residents Walks & 1:1	12 Residents Self-Directed Activities Movies/magazines/word games Available in Rec Room

<p>VW/MM 13</p> <p>9am to 930am Physio Gentle Exercises Rec Rm</p> <p>11am to 1130am Catholic Church Service</p> <p>130pm to 230pm Granny Squares Craft Group - VW Rec Rm</p>	<p>VW/MM 14</p> <p>830am to 930am Early Bird Walk Group</p> <p>9am to 930am Physio Gentle Exercises Rec Rm</p> <p>1030am to 1130am Bingo - MM Rec Rm</p> <p>130pm to 230pm Discussion Group Vol – Barb G</p>	<p>VW/MM 15</p> <p>830am to 930am Early Bird Walk Group &amp; M/Tea</p> <p>9am to 930am Physio Gentle Exercises Rec Rm</p> <p>1030am to 2pm Bus – MM/VW Surprise Lunch Destination</p>	<p>VW/MM 16</p> <p>830am to 930am Early Bird Walk Group</p> <p>9am to 930am Physio Gentle Exercises Rec Rm</p> <p>130pm to 230pm Singalong - MM Rec Rm</p> <p>DW-AL</p>	<p>VW 17</p> <p>9am to 930am Physio Gentle Exercises Rec Rm</p> <p>1030am to 1130am Bingo – Vol - Barb G Rec Rm</p> <p>130pm to 230pm Entertainment – Louie Rec Rm</p>	<p>No lifestyle cover 18</p> <p>Residents Self-Directed Activities Movies/magazines/word games Available in Rec Room</p>	<p>19</p> <p>Residents Self-Directed Activities Movies/magazines/word games Available in Rec Room</p>
<p>MM 20</p> <p>9am to 930am Physio Gentle Exercises Rec Rm</p> <p>11am to 1130am Catholic Church Service</p> <p>130pm to 230pm Granny Squares Craft Group - VW Rec Rm</p>	<p>MM 21</p> <p>9am to 930am Physio Gentle Exercises Rec Rm</p> <p>830am to 4pm Select Staff Training</p> <p>130pm to 230pm Discussion Group Vol – Barb G Rec Rm</p>	<p>MM 22</p> <p>9am to 1030am Early Bird Walk Group &amp; M/Tea</p> <p>9am to 930am Physio Gentle Exercises Rec Rm</p> <p>1pm Mystery Bus Trip</p>	<p>MM 23</p> <p>830am to 930am Early Bird Walk Group</p> <p>9am to 930am Physio Gentle Exercises Rec Rm</p> <p>130pm to 230pm Entertainer – Geoff Rec Rm</p>	<p>MM – 4hrs 24</p> <p>9am to 930am Physio Gentle Exercises Rec Rm</p> <p>1030am to 1130am Bingo – Vol – Barb G Rec Rm</p> <p>Afternoon – Rec Rm Movie and Self-directed Activities</p>	<p>No lifestyle cover 25</p> 	<p>26</p> <p>Residents Self-Directed Activities Movies/magazines/word games Available in Rec Room</p>
<p>27</p> <p>Public Holiday Australia Day</p> 	<p>MM 28</p> <p>830am to 930am Early Bird Walk Group</p> <p>9am to 930am Physio Gentle Exercises Rec Rm</p> <p>1030am to 1130am Residents Meeting - MM Rec Rm</p> <p>130pm to 230pm Discussion Group Vol – Barb G - Rec Rm</p> <p>230pm January Birthdays A/Tea Main Dining Rm</p>	<p>MM 29</p> <p>9am to 1030am Early Bird Walk Group &amp; M/Tea</p> <p>9am to 930am Physio Gentle Exercises Rec Rm</p> <p>1pm Mystery Bus Trip</p>	<p>MM 30</p> <p>830am to 930am Early Bird Walk Group</p> <p>9am to 930am Physio Gentle Exercises Rec Rm</p> <p>130pm to 230pm Entertainer - Geoff Rec Rm</p>	<p>MM – 4hrs 31</p> <p>9am to 930am Physio Gentle Exercises Rec Rm</p> <p>1030am to 1130am Bingo – Vol – Barb G Rec Rm</p> <p>Afternoon – Rec Rm Movie and self-directed activities</p>	<p>Lifestyle Annual Leave January 2025 Deb W – 16/1 to 13/2.</p>	